



Ice in the Pines

September 11th- 13th 2026

Hosted by: Flagstaff Figure Skating Club

Jay Lively Ice Arena, 1650 N Turquoise Ave, Flagstaff, Arizona 86001

Registration Deadline: Sunday, August 9th, 2026 at 11 pm pst

Music Upload Deadline: Sunday, August 16th, 2026 at 11 pm pst

Planned Program Content Deadline: Sunday, August 16th, 2026 at 11 pm pst

Competition Chair: Jessica Blank flagipchair@gmail.com

Chief Referee: Trish Wilkins

I. COMPETITION OVERVIEW

The Ice in the Pines will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or [current Compete USA handbook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

II. ELIGIBILITY

Singles: Excel and Well-Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
 - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
 - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event.
 - o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.

All other singles and partner events (such as Adults, Pairs, Ice Dance):

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

Synchronized Skating:

- For synchronized skating teams, this competition does not require that skating skills test requirements for the team's level be met, except for the maximum allowed at the Compete USA levels (Snowplow Sam Synchro and Aspire levels).

EVENTS OFFERED:

- **U.S. Figure Skating Program Requirements:** usfigureskating.org --> Skate --> Compete --> Program Requirements
- **Compete USA Program Requirements:** learntoskateusa.com/competeusa
- **Skate United:** For any Skate United (S.U.) Athlete, please have them register for their appropriate level under the "standard" option. Once the registration is complete, the following form must be submitted to the competition chair via email at flagipchair@gmail.com.
- **Skating Accommodation Memorandum (S.A.M.):** Skaters using a S.A.M. must submit their S.A.M. to the competition chair via email at flagipchair@gmail.com.
 - [Click here for more information about S.A.Ms.](#)

On the program requirements page linked above, competitions that fall within the date range beside the program requirements must use those requirements.

- **Please Note: Beginning 7/1/26, CJS will replace all previously designated 6.0 events.**

SINGLES	JUDGING	1st Event Price	2nd + Event Price
Well Balanced Short Program (Juvenile through Senior)	IJS	\$150	\$140
Well Balanced Free Skate (Pre-preliminary through Senior)	IJS	\$150	\$140
Excel Free Skate (Pre-Preliminary – Preliminary Plus)	IJS	\$150	\$140
Excel Plus Free Skate (Pre-Juv Plus through Senior)	IJS	\$150	\$140
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	IJS	\$150	\$140
Adult Beginner & High Beginner Free Skate	CJS	\$120	\$100
SHOWCASE	JUDGING	1st Event Price	2nd + Event Price
Emotional Performance (Preliminary – Senior, Adult)	CJS	\$120	\$100
Lyrical Pop (Preliminary - Senior, Adult)	CJS	\$120	\$100
Character Performance (Preliminary - Senior, Adult)	CJS	\$120	\$100
Comedic Impressions (Preliminary - Senior, Adult)	CJS	\$120	\$100
Duets/Trios (Preliminary – Senior, Adult)	CJS	\$120	\$100
Adaptive Individual Showcase	CJS	\$120	\$100
Interpretive (All levels)	CJS	\$120	\$100
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd + Event Price
Snowplow Sam-Basic 6 Program w/Music	CJS	\$120	\$100
Aspire 1-4 Program w/ Music	CJS	\$120	\$100
Adult 1-6 Program w/ Music	CJS	\$120	\$100
Showcase (Basic 1-Pre-Preliminary, Adult 1-6)	CJS	\$120	\$100

ADAPTIVE	JUDGING	1st Event Price	2nd + Event Price
Special Olympics – Free Skate Program	CJS	\$120	\$100
SYNCHRONIZED SKATING	JUDGING	Team Fee	Skater Fee
Aspire 1	CJS	\$60	\$10
Aspire 2	CJS	\$60	\$10
Aspire 3	CJS	\$60	\$10
Aspire 4	CJS	\$60	\$10
Aspire Adult	CJS	\$60	\$10
Preliminary	CJS	\$60	\$10
Adult	CJS	\$60	\$10

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

ATHLETE ASSISTANCE/ACCOMMODATIONS:

Should a skater with disabilities require any specific accommodations or assistance for their competitive event, please submit your approved S.A.M to the Competition Chair by the registration deadline at flagipchair@gmail.com.

COMPLIANCE:

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [in](#) Members Only, click the blue "COACH" button. All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

TEAM SERVICE PERSONNEL

Teams are permitted a maximum of two team service personnel. Team service personnel must have a current U.S. Figure Skating or Learn to Skate USA® membership, a green lighted background check and completed SafeSport™ Training. All compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

MANDATORY ATHLETES

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. *

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

TEST CREDIT:

In accordance with Rules TR 3.00, 4.01 and 4.02, athletes may receive credit for meeting minimum scores at any competition held under the International Judge System (IJS). The athlete must “skate-up” to the event they are seeking test credit for, in addition to having already passed any prerequisites prior to the competition event.

Events eligible:

Singles Free Skate: Open Juvenile, Juvenile, Intermediate, Novice, Junior, Senior and Adult Gold

Pairs Free Skate: Juvenile, Intermediate, Novice, Junior and Senior

Free Dance: Juvenile, Intermediate, Novice, Junior and Senior

You must turn in the paperwork for Test Credit requests PRIOR to the start of the event. Requests will not be available after the competition ends. You can download the “Test Credit Form” and email form to flagipchair@gmail.com. At the competition, you can go to the registration desk and ask for a “Test Credit Form”. There is a \$15 fee to process the forms (you can pay by credit card at the registration desk or checks can be made out to Flagstaff Figure Skating Club.) After all documents are ready, they will be available for pick up at the registration desk. Take a picture of all documents for safe-keeping.

MUSIC SUBMISSION/UPLOAD:

Competitors must provide music for all events, as appropriate. Competition music for all events must be submitted electronically via EntryEeze by the music deadline on **Sunday, August 16th, 2026 at 11 pm pst.**

After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can log in later to upload your music.

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below. If you do not upload your music by the deadline, you will be charged a \$50 late fee.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also have available a backup copy of their competition music on a CD or cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD:

Planned program content must be submitted via EntryEeze by **Sunday, August 16th, 2026 at 11 pm pst**. If you do not upload your PPC by the deadline, you will be charged a \$50 late fee.

IMPORTANT NOTES:

- Two entries constitute an event. Events with single entrants will be offered an exhibition or refund. Exhibition skaters will receive a medal, and their score will count towards series-on-series events.
- Skaters will be grouped by random draw and will not be seeded in this competition.
- Short Program and Free Skate are separate events. No final rounds will be held.
- Male skaters will be combined with female skaters in all Showcase events in order to make an event.
- Different levels of non-Free Skate events may be combined in order to make an event.
- **Entry fees will not be refunded after the entry deadline of August 2nd, 2026, at 11:00 PM pst** unless no competition exists, or the event is canceled. Refunds for special circumstances are at the discretion of the Competition Chair. The online processing fees are not refundable. Contested credit card charges will be issued a \$35 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. All registered competitors will be notified via email when the schedule is published.
- Skaters and coaches must check in at the registration table at least 60 minutes before their events. Any unresolved fees must be paid at this time.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Flagstaff Figure Skating Club and Jay Lively Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Jay Lively Ice Arena
1650 N Turquoise Ave, Flagstaff, Arizona 86001

Please do not call the ice rink with competition questions. The ice rink is 200 by 80 feet with rounded corners.

LOCKER ROOMS AND CHANGING AREAS:

Two locker rooms will be available for women and one for men.

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only and will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy in the [SkateSafe® Handbook](#).

FOR TEAMS:

The designated team coach, team manager, team service personnel and athletes competing at the skating event are allowed in the Locker Rooms/Changing Area designated for their team. The team coach, team manager, and team service personnel must remove themselves from the Locker Room/Changing Area while any Minor Athlete(s) are actively changing or undressing. All Locker Rooms/Changing Areas will be monitored. If any concerns arise, immediately contact the Locker Room/Changing Area monitor. If there are concerns regarding this policy, an athlete should change prior to arriving at the competition. The use of any recording and photographic devices inside a Locker Room/Changing Area is strictly prohibited. Any violation of this policy is punishable under the U.S. Figure Skating SkateSafe® policy and U.S. Figure Skating Rulebook.

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors who are at least 8 years of age or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

SCHEDULE

The competition was start tentatively at 10:00 am on Friday, September 11th and will end by 3:00 pm on Sunday, September 13th. Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

Practice Ice will be available for purchase online via EntryEeze in advance after the schedule is published, and also at the registration desk, if space remains on the session. Each 30 minute session will have a maximum of 25 skaters and the cost will be \$20. We will not be playing music.

ONSITE CHECK-IN:

Check-in will open 30 minutes before the start of practice ice each day of the event, and will be located inside the lobby immediately to the right of the main entrance.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact skatesafe@usfigureskating.org at least 2 business days prior to the competition for assistance.

AWARDS:

Medals will be awarded for all skaters in 6.0 events and the top four finishers in IJS events. The official photographer will conduct the award ceremony outside at the south end of the ice rink or in a designated room if there is bad weather.

PHOTO/VIDEO:

All prices include the video for all events. A professional photographer will be available to take action and podium photos.

Live and on-demand streaming, and sales and distribution of U.S. Figure Skating sanctioned and approved events, programs, and activities that include the playback of music is strictly prohibited. This prohibition does not apply to the distribution of footage that does not include music. Questions about this can be directed to music@usfigureskating.org. Per [U.S. Figure Skating policy](#), photographing and/or recording of anyone other than your own skater is strictly prohibited.

CONTACT INFORMATION:

<https://www.flagstafffigureskatingclub.com/ice-in-the-pines>

For questions, please contact the following individuals:

Competition Chair:	Jessica Blank	flagipchair@gmail.com	407-590-0160 (texting is preferred)
Co-Chair	Jeanne Wiles	flagipchair@gmail.com	
Co -Chair	Kari Medley	flagipchair@gmail.com	