



Membership Information

Welcome to Flagstaff Figure Skating Club! We would be happy to have you as a member. Figure skaters are participating in a graceful, athletic Olympic sport with a proud 150-year history. Here's some information to help you get started:

Skating on Club Ice

- **All skaters must be a member of FFSC or another US Figure Skating club.** Members of another US Figure Skating club must sign a waiver and pay the walk-on ice fee before they take the ice for the first time.
- **Skaters in the Learn to Skate program are not FFSC members** and must join FFSC if they wish to skate on club ice
- **All skaters using club ice must pay for their ice time**, either monthly ice fee or walk-on single session fee
- **Coaching fees are not included in membership or ice fees.** Coaching fees are paid directly to the coach.

Membership

- Junior members (under 18) are represented in the club by their parents or guardians
- All club members and parents of junior members are bound by the club Code of Conduct
- The club communicates with members via email and our Web site
- All skaters (and a parent for skaters under 16) must attend a safety meeting to review club rules once per season. New members will be contacted by a board member to schedule a safety meeting

Before Skating, All Skaters Must:

- Check in with the Ice Monitor and turn in their music (if any)
- Sign in on the clipboard at the music box

On the Ice

- Parents of skaters 10 years and younger must remain at the ice rink with their child during the club session.
- Parents of all junior members (under 18) should check that the rink is open and that an adult member or parent is present before dropping off their skater. An adult member or parent must be present or junior members will not be allowed to skate.
- Club ice sessions are for figure skating only (moves, freestyle, dance, and pairs)
- Skaters should wear appropriate attire, such as fitness clothing or skating clothing- check with your coach
- Non-skaters are not allowed in the hockey or music boxes, except for Ice Monitors and other volunteers

Skate safely at all times!

- **Always look in the direction you are skating and watch for other skaters at all times**
- **Enter and leave the ice by skating around the ends-** don't cut across in front of other skaters
- **Skaters practicing a program to music must wear a program belt** and have the right-of-way of all other skaters
- Skaters in a lesson with their coach have the right-of-way over all skaters except those practicing a program
- Leave the ice to talk or take a break- don't stand around on the ice
- If you need to stop momentarily, skate to the boards
- Observe the club jumping and spinning zones as posted at the rink in the sign-in book and on our Web site.

For current prices and more information on membership, ice fees, and coaching, visit www.FlagstaffFigureSkatingClub.com, email us at info@FlagstaffFigureSkatingClub.com, or ask any board member during club ice.

<revised 4/12/12>



Code of Conduct Agreement

This agreement is between the Flagstaff Figure Skating Club and Club member. It acknowledges that the member and parent or guardian (I.E., if the skater is a minor) received and understands the Code of Conduct of the Flagstaff Figure Skating Club.

1. I have received, read, and understand the “Flagstaff Figure Skating Club: Code of Conduct”.
2. I understand that the terms of this agreement are in effect while I am a member of or participating in activities of the Flagstaff Figure Skating Club.
3. I accept the Flagstaff Figure Skating Club Code of Conduct, and understand that violation of this agreement can result in removal from the ice, disciplinary action from the FFSC Board, and suspension from the Club and/or rink.

Name of Member: (please print) _____

Signature of Member: _____ Date: _____

Signature of Parent/Guardian _____ Date: _____

FFSC Officer or Agent _____ Date: _____

This Agreement must be reviewed, signed, and witnessed by a Flagstaff Figure Skating Club officer before the member will be allowed to skate on Club ice.



U.S. Figure Skating and Flagstaff Figure Skating Club Waiver and Release and Assumption of Risk Agreement

In consideration of my participation in any U.S. Figure Skating and/or Flagstaff Figure Skating Club (FFSC) sponsored activity, I acknowledge that:

1. I understand the risks & dangers inherent in skating in general and in the activities of the FFSC & U.S. Figure Skating, and believe I (or the minor that I represent as parent/guardian) am/is qualified, in good health, and in proper physical condition to participate in such activities. I further acknowledge that if at any time I believe conditions are unsafe, I (or the minor I represent) will discontinue participation.
2. I fully understand that skating and the activities of the FFSC & U.S. Figure Skating involve risks of serious bodily injury, including permanent disability, paralysis, and death. These risks and dangers can be caused by my own actions (or inactions), by the actions (inactions) of others participating in the activity/event, the condition(s) in which the activity/event takes place, or the negligence of the “releasees” named below. There may also be other risks not known to me (or the minor I represent) or foreseen at this time, and I fully accept and assume all such risks and all responsibility for losses, costs, and damages that I (or the minor I represent) incur as a result of my/our participation in the activity.
3. I hereby release, discharge, covenant not to sue, and hold harmless U.S. Figure Skating, its Member Clubs, their respective administrators, directors, agents, officers, volunteers, employees, other participants, sponsors and advertisers, and (if applicable) owners and lessors of premises on which a U.S. Figure Skating or FFSC-sanctioned activity/event that I (or the minor child I represent) participate in takes place from all liability, claims, demands, losses, or damages arising out of the gross negligence of, or intentional, willful, or wanton misconduct of the “releasees” herein. If I, or anyone on my behalf/or my minor child’s behalf makes a claim that does not arise from the gross negligence of, or intentional, willful, or wanton misconduct of the “releasees” herein, I will indemnify, defend, save, and hold harmless each of the “releasees” from any loss, liability, damage, or cost any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature. I intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law, and agree that if any portion of this agreement is held to be invalid, that the balance notwithstanding shall continue in full force and effect.

Printed Name of Participant Signature of Participant Date

Printed Name of Parent/Guardian Signature of Parent/Guardian Date





Flagstaff Figure Skating Club Parental Medical Release

I, _____ (printed Name of Parent/Legal Guardian), do hereby authorize Flagstaff Figure Skating Club (FFSC), its agents, administrators, directors, officers, or volunteers to obtain whatever medical treatment, aid, or care deemed necessary on an emergency basis for my minor child, _____ (Printed Name of Child), if said minor child should be injured or stricken ill while participating in a FFSC activity. **This release shall be in effect for the period from _____ (Today's Date) through the end of the FFSC Season.**

The FFSC does not carry individual accident or health insurance. Please complete the following:

My child's doctor is: _____ Phone # _____

My Medical Insurance Company is: _____

Policy #: _____ ID #: _____

Policyholder Name: _____

Signatures:

Printed Name of Participant

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date